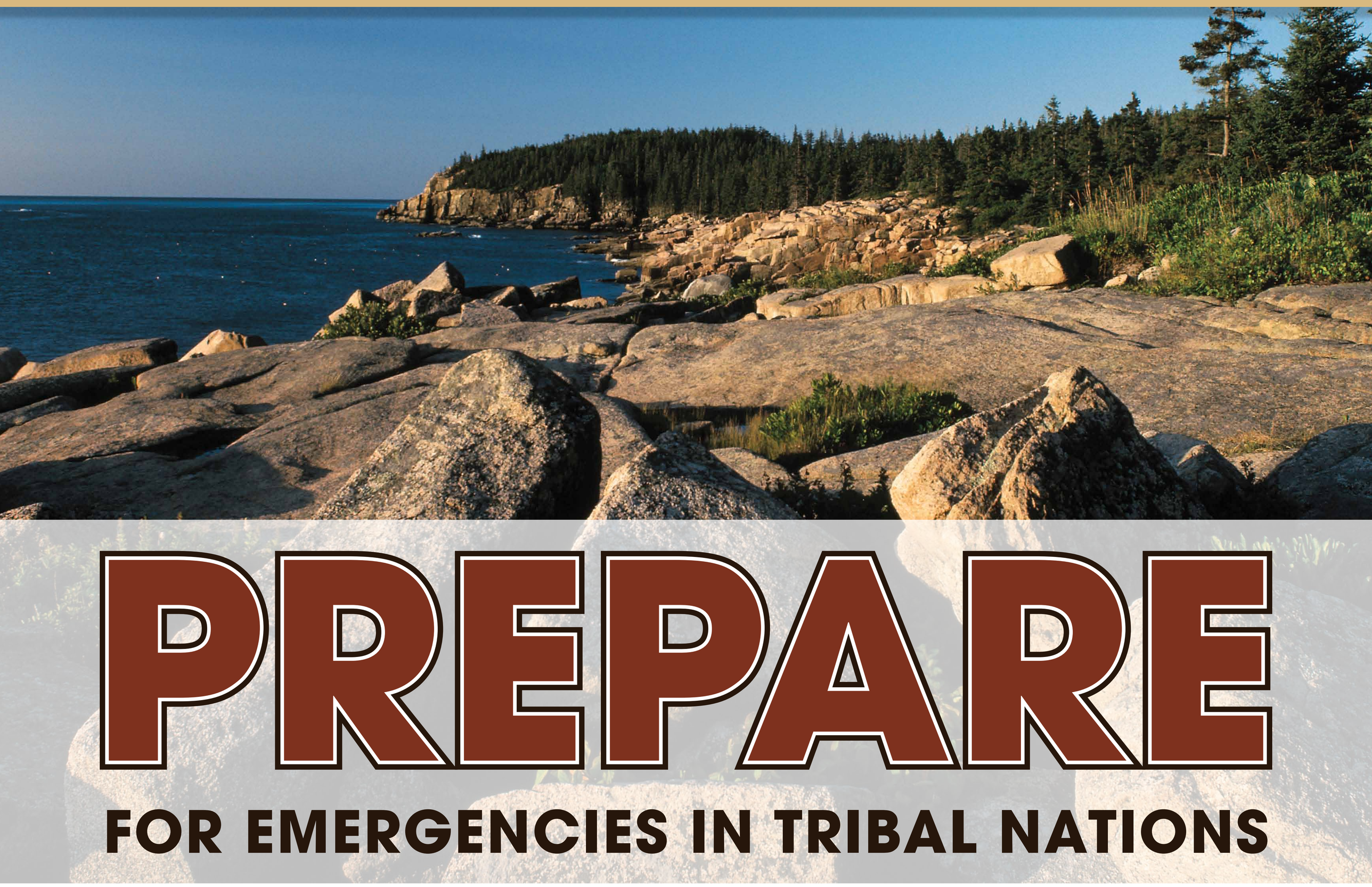

PREPARE

FOR EMERGENCIES IN TRIBAL NATIONS

Preparing Makes Sense Get Ready Now

In the past, hurricanes, flooding, extreme heat, and severe winter snowstorms have threatened the Northeast. Now consider the possibility of home fires and even terrorist attacks. Are you prepared to make it on your own for a few days in the event of an emergency?

1. Make a plan for what you will do in an emergency.
2. Get a kit of emergency supplies.
3. Be informed about what might happen.

Recommended Supplies for a Basic Kit:

- **Water,** one gallon per person per day, for drinking and sanitation
- **Food,** at least a three-day supply of non-perishable food like dried fruit, meat, or fish, protein bars, and canned goods
- **Battery-powered or hand crank radio** and a **NOAA Weather Radio** with tone alert and **extra batteries** for both
- **Flashlight** and **extra batteries**
- **Local maps**
- **First Aid kit**
- **Whistle** to signal for help
- **Dust mask** or **cotton t-shirt** to help filter the air
- **Wrench** or **pliers** to turn off utilities
- **Can opener** for food (if kit contains canned food)
- **Plastic sheeting** and **duct tape** to shelter in place
- **Moist towelettes, garbage bags,** and **plastic ties** for personal sanitation

Learn more at ready.gov or 1-800-BE-READY

Ready Indian Country
Prepare. Plan. Stay Informed.